

# PROPOSAL

## CURRENT APPROACH ON PHARMACOLOGICAL ISSUES IN DAILY PRACTICE



Pelantikan Lulusan  
Dokter  
18-19  
*Universitas Indonesia*

**C A P S U L E**  
CURRENT APPROACH ON PHARMACOLOGICAL ISSUES IN DAILY PRACTICE

---

**Panitia Pelantikan Lulusan Dokter**  
Universitas Indonesia 2018-2019

bekerja sama dengan

**Departemen Farmakologi dan Terapeutik**  
**Fakultas Kedokteran Universitas Indonesia**

mempersembahkan

**C A P S U L E**  
CURRENT APPROACH ON PHARMACOLOGICAL ISSUES IN DAILY PRACTICE

---

## KATA PENGANTAR

Seorang dokter harus mampu menguasai 144 penyakit hingga tingkat penatalaksanaan. Namun, *guideline* penatalaksanaan penyakit selalu diperbaharui secara berkala sesuai dengan *evidence-based*. Sekitar 120.000 dokter di Indonesia harus selalu mampu mengenyam ilmu terbaru agar bebas dari misterapi. Kesalahan dalam terapi dapat menyebabkan hal-hal tidak diinginkan, misalnya tuntutan malpraktik, resistensi antibiotik, dan lain sebagainya.

Current Approach on Pharmacological Issues in Daily Practice (CAPSULE) hadir menjawab tantangan tersebut. Melalui seminar ini, diharapkan dokter Indonesia mahir melakukan penatalaksanaan farmakologi secara tepat. Bersama CAPSULE, kita meningkatkan kualitas dokter Indonesia untuk masa depan.

# PANITIA

## **PELINDUNG**

**Dekan Fakultas Kedokteran  
Universitas Indonesia**

Dr. dr. Ratna Sitompul, Sp.M(K)

## **Koordinator Kemahasiswaan**

dr. Akhmadu, Sp.B(K)V, Ph.D

## **PENANGGUNG JAWAB**

**Departemen Farmakologi**

**Universitas Indonesia**

dr. Vivian Soetikno, Sp.FK, Ph.D

## **Ketua Badan Eksekutif Mahasiswa**

**IKM FKUI**

Yosilia Nursakina

## **Ketua Pelantikan Lulusan Dokter**

**2018-2019**

Haryo Prakoso Adhi Purwanto, S.Ked

## **Ketua Panitia Pelaksana**

Ferry Liwang, S.Ked

## **Sekretaris & Bendahara**

Fatira Ratri Audita, S.Ked

## **Seksi Acara**

Dyah Ayu K. Buwono, S.Ked

## **Seksi Dana**

Hardya Gustada, S.Ked

## **Seksi Logistik**

Yasmina Zahra Syadza, S.Ked

Rezza Mahandhika, S.Ked

## **Seksi Publikasi dan Dokumentasi**

Nobian Andre, S.Ked

## **Seksi Registrasi**

Kartika Laksmi, S.Ked

# Mengapa CAPSULE?

Bingung memilih  
obat tepat

Kebiasaan vs rasionalitas

- Tidak ada seminar/
- Pendidikan kedokteran
- berkelanjutan terkait
- farmakologi

Apa yang dikatakan  
berbagai jurnal?

“High rates of inappropriate antibiotic use in hospitals, the community, and animals are key drivers of the crisis”

*Ann Intern Med.* 2016; 165:812-3

---

“The approaches should be mindful of any potential unintended consequences and should share a strong overarching goal to ensure access to effective antimicrobial therapies for this generation and for the future.”

*Lancet.* 2016; 387:176-87

## **General practitioners' knowledge about use of topical corticosteroids in pediatric atopic dermatitis in Australia**

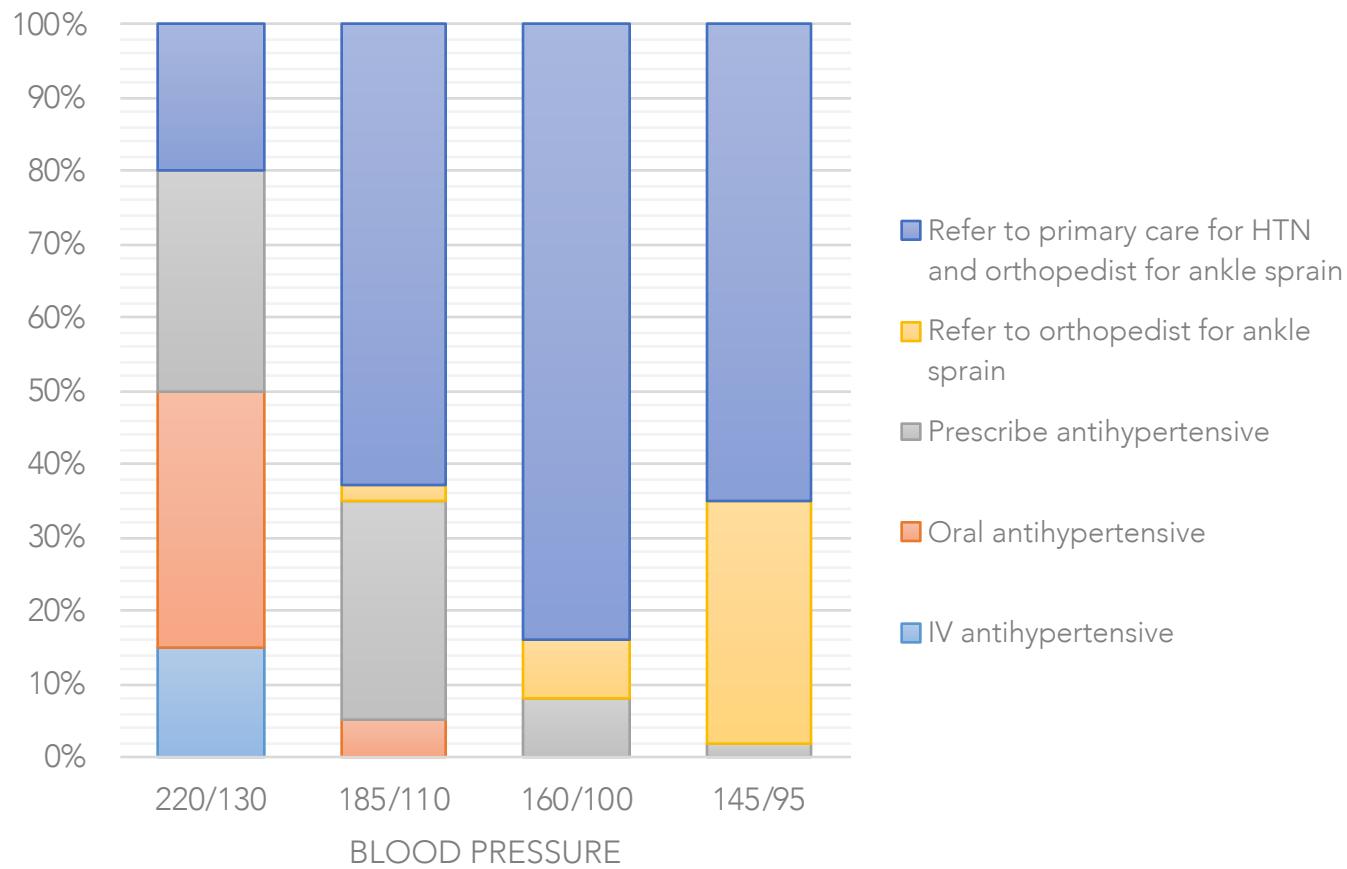
From 257 GPs surveyed, **one-third** (40.7%) instructed to apply topical corticosteroids for two weeks or less, **nearly half** (47.7%) instructed sparingly or with the smallest amount possible, and **nearly one-third** (30.2%) reported skin atrophy.

*Aust Fam Physician.* 2016; 46(5):335-40

---

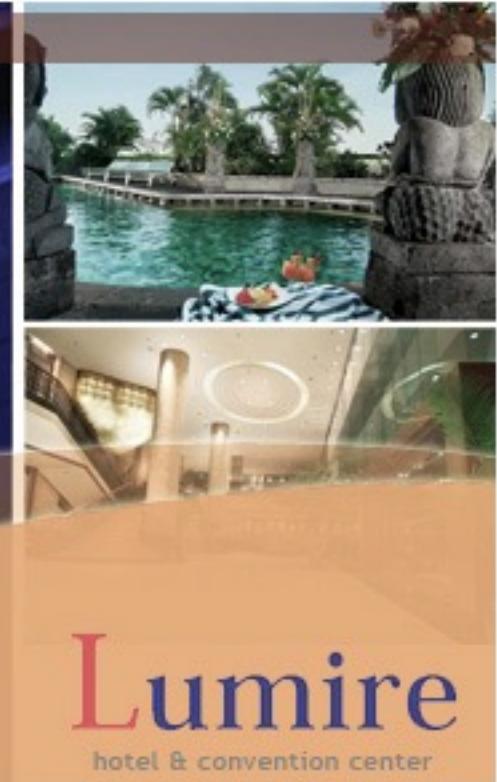
"Dietary and Herbal Supplements (DHS) users reported that **Primary Care Physicians were more aware** of DHS consumption than Hospital Physicians (70.1% vs. 34.1%, P < 0.0001). A significant barrier for in-hospital disclosure is doctor-related."

*Patients Educ Couns.* 2017; 100(1):98-103



"Despite an existing clinical policy statement from the ACEP, there is still wide variability in EP approaches to patients with asymptomatic HTN"

*J Clin Hypertens.* 2016; 19(3):265-9



**Lumire**  
hotel & convention center

# Lumire Hotel and Convention Center

**Sabtu, 21 Oktober 2017**

Jalan Senen Raya No. 135, Jakarta Pusat

# **SUSUNAN ACARA**

07:30 – 08:30 Registrasi ulang

08:30 – 08:45 Pembukaan acara

08:45 – 09:00 Pre test

## **SEMINAR**

Sesi I Principles of Antibiotics

09:00 – 10:30 Medicolegal Aspects of Pharmacotherapy  
Rational Use of Vitamin Supplements

10:30 – 11:00 Coffee break

Sesi II Pharmacotherapy of Allergy

11:00 – 12:30 Pain Management  
Pharmacotherapy of GERD

12:30 – 13:30 ISHOMA

---

12:30 – 13:30 ISHOMA

---

## **WORKSHOP**

Sesi III Management of Rhinosinusitis  
13:30 – 15:00 Corticosteroid in Dermatology

Pharmacotherapy of Asthma

15:00 – 15:45 Coffee break

Sesi IV Pharmacotherapy of DM with Comorbidity  
15:45 – 16:45 Pharmacotherapy of Antihypertensive Agents

16:45 – 17:00 Post test

17:00 – 17:15 Penutupan



J A K A R T A   2 0 1 7

---

**capsule@pld-ui.com**  
**IG: @capsulefkui**  
**LINE: tsr5492z**

**Hardya Gustada, S.Ked**  
**+62813 866 966 55**  
**Representative**